

# Uncork & Unwind Lunch Menu

Lunch Served from 11 a.m. to 1:30 p.m.

## Small Plate ~ \$8

Artichoke Dip – (GF) Artichoke Parmesan Dip w/Sweet Potato Chips  
Hummus Dip – (GF) Hummus & Fresh Veggies

## Salads ~ \$8

Insalata Antipasta – Spinach, Chopped Artichokes, Sweet Peppers, Olives, Salami & Feta Cheese  
Beet – Mixed Greens, Beets, Tomatoes, Cilantro & Goat Cheese  
Mixed Green – Mixed Greens, Pears, Cashews & Gorgonzola Cheese  
Spinach – Spinach, Strawberries, Pecans & Feta Cheese  
*Balsamic Vinaigrette, Blush Wine Vinaigrette, or Blue Cheese Dressing*  
Add Sliced Roasted Chicken, Salami or Salmon to any salad \$3.

## Sandwiches ~ \$9

Sandwiches served with a Bean Salad  
*Gluten Free bread available for substitution.*  
Roast Beef Melt – Roast Beef, Cheddar, Mushroom grilled on Sourdough Bread.  
Turkey – Turkey, Avocado Spread, Provolone, Lettuce on Sourdough Bread.  
Egg Salad – Eggs, Mayo & Mustard on Multigrain Bread.  
Veggie – Mushroom & Brie grilled on Potato Bread.  
Grilled Cheese – Smoked Gouda, Avocado, Mushroom, Basil & Tomato on Potato Bread.

## Combos

Cup of Soup & 1/2 Sandwich	\$8
Cup of Soup & 1/2 Salad	\$8
1/2 Sandwich & 1/2 Salad	\$8
Bowl of Soup & 1/2 Sandwich	\$10
Bowl of Soup & 1/2 Salad	\$9
Full Sandwich & Cup of Soup	\$11
Full Sandwich & 1/2 Salad	\$11
Full Salad & 1/2 Sandwich	\$11
Full Salad & cup of Soup	\$11
1/2 Sandwich, 1/2 Salad & Cup of Soup	\$12

## Soups

Cup of Soup (6 oz)	\$4
Bowl of Soup (16 oz)	\$7

Daily soup selection is on the back of the menu.

## Non-Alcoholic Beverages – \$2

Soda: Pepsi, Diet Pepsi, Sprite, Root Beer.  
Coffee: Decaf or Regular  
Tea: Iced, Sweetened or Hot  
Other: Sparkling Water

Gluten Free = GF; Vegetarian = V; Vegan = VG

5% Cash Discount ~ 15% Military Discount  
Internet Password: 3609439463

## May 2018

Mon	Tue	Wed	Thu	Fri
<b>Closed</b>	<b>1</b> Jalapeno Corn Chowder – GF/V Or Buffalo Chicken – GF	<b>2</b> Moroccan Stew – GF/VG Or Ham & Potato Cheddar – GF	<b>3</b> Red Lentil Coconut – GF/VG Or Coconut Lime Chicken - GF	<b>4</b> African Peanut – GF/V Or Wicked Chicken - GF
<b>7</b> <b>Closed</b>	<b>8</b> Moroccan Carrot– GF/VG Or Loaded Bake Potato- GF	<b>9</b> Carrot Ginger – GF/VG Or Jalapeno Bacon Chowder- GF	<b>10</b> Cheddar Broccoli – GF/V Or Tex Mex Chicken Chili - GF	<b>11</b> Sweet Potato Curry Lentil– GF/VG Or Clam Chowder- GF
<b>14</b> <b>Closed</b>	<b>15</b> Tomato Basil– V/GF Or Chickpea Chicken Curry - GF	<b>16</b> Dill Pickle – GF/V Or Mulligatawny - GF	<b>17</b> Sweet Potato– GF/VG Or Chicken Fajita - GF	<b>18</b> Mushroom Truffle Bisque – GF/V Or Potato Sausage
<b>21</b> <b>Closed</b>	<b>22</b> Black Bean – GF/VG Or Split Pea & Ham	<b>23</b> Potato – GF/V Or Chicken Lime Avocado - GF	<b>24</b> <b>Closed for Lunch – Volunteering for the Day of Champions</b>	<b>25</b> Coconut Curry Lentil – GF/VG Or Black & White Sausage
<b>28</b> <b>Closed</b>	<b>29</b> Garlic White Bean – GF/VG Or Italian Wedding	<b>30</b> Mushroom Soup– GF/VG Or Pasta Fagioli	<b>31</b> Creamy Tomato Tortellini – V Or Chicken Soup - GF	<b>June 1</b> Hungarian Mushroom – GF/V Or Chicken Posole - GF

F – Gluten Free; V – Vegetarian; VG - Vegan

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