

# Uncork & Unwind Lunch Menu

Lunch Served from 11 a.m. to 1:30 p.m.

## Small Plate ~ \$8

Artichoke Dip – (GF) Artichoke Parmesan Dip w/Sweet Potato Chips  
Hummus Dip – (GF) Hummus & Fresh Veggies

## Salads ~ \$8

Insalata Antipasta – Spinach, Chopped Artichokes, Sweet Peppers, Olives, Salami & Feta Cheese  
Beet – Mixed Greens, Beets, Tomatoes, Cilantro & Goat Cheese  
Mixed Green – Mixed Greens, Pears, Cashews & Gorgonzola Cheese  
Spinach – Spinach, Strawberries, Pecans & Feta Cheese  
*Balsamic Vinaigrette, Blush Wine Vinaigrette, or Blue Cheese Dressing*  
Add Sliced Roasted Chicken, Salami or Salmon to any salad \$3.

## Sandwiches ~ \$9

Sandwiches served with a Bean Salad  
*Gluten Free bread available for substitution.*  
Roast Beef – Roast Beef, Cheddar, Horseradish, Mayo, Lettuce & Tomato on Multigrain Bread.  
Turkey Club – Turkey, Bacon, Lettuce, Tomato, Mayo & Mustard on Sourdough Bread.  
Egg Salad – Eggs, Mayo & Mustard on Multigrain Bread.  
Mushroom – Mushrooms & Havarti Cheese grilled on Sour Dough Bread.  
Grilled Cheese – Ham, Brie & Raspberry Preserves on Sourdough Bread.

## Combos

Cup of Soup & 1/2 Sandwich	\$8
Cup of Soup & 1/2 Salad	\$8
1/2 Sandwich & 1/2 Salad	\$8
Bowl of Soup & 1/2 Sandwich	\$10
Bowl of Soup & 1/2 Salad	\$9
Full Sandwich & Cup of Soup	\$11
Full Sandwich & 1/2 Salad	\$11
Full Salad & 1/2 Sandwich	\$11
Full Salad & cup of Soup	\$11
1/2 Sandwich, 1/2 Salad & Cup of Soup	\$12

## Soups

Cup of Soup (6 oz)	\$4
Bowl of Soup (16 oz)	\$7
Daily soup selection is on the back of the menu.	

## Non-Alcoholic Beverages - \$2

Soda: Pepsi, Diet Pepsi, Sprite, Root Beer.  
Coffee: Decaf or Regular  
Tea: Iced, Sweetened or Hot  
Other: Sparkling Water

Gluten Free = GF; Vegetarian = V; Vegan = VG

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## March 2018

Mon	Tue	Wed	Thu	Fri
<b>5</b>	<b>6</b> Black Bean – GF/VG Or Chicken Posole - GF	<b>7</b> Red Lentil Coconut – VG/GF Or Buffalo Chicken - GF	<b>8</b> Garlic White Bean – GF/VG Or Chicken Fajita - GF	<b>9</b> Curry Sweet Potato & Lentil – GF/VG Or Crab Bisque - GF
<b>12</b>	<b>13</b> Tomato Basil – GF/V Or Wicked Chicken Thai - GF	<b>14</b> Sweet Potato – GF/VG Or Potato Sausage	<b>15</b> Autumn Chowder – GF/V Or Coconut Lime Chicken – GF	<b>16</b> Irish Potato Soup – GF/V Or Dublin Coddle
<b>19</b>	<b>20</b> Moroccan Carrot – GF/VG Or Chicken Soup - GF	<b>21</b> Dill Pickle – GF/V Or Mulligatawny - GF	<b>22</b> Hungarian Mushroom – GF/V Or Tortellini Tomato w/Italian Sausage	<b>23</b> Moroccan Stew – GF/VG Or Salmon Chowder - GF
<b>26</b>	<b>27</b> Broccoli Cheddar – GF/V Or Italian Wedding	<b>28</b> African Peanut – GF/VG Or Chicken Chili Verde - GF	<b>29</b> Jalapeno Corn Chowder – GF/V Or Ham & Potato Cheddar - GF	<b>30</b> Mushroom Soup – GF/VG Or Clam Chowder – GF

GF – Gluten Free; V – Vegetarian; VG - Vegan

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