

# Uncork & Unwind Lunch Menu

Lunch Served from 11 a.m. to 1:30 p.m.

## Small Plate ~ \$8

Artichoke Dip – (GF) Artichoke Parmesan Dip w/Sweet Potato Chips  
Hummus Dip – (GF) Hummus & Fresh Veggies

## Salads ~ \$8

Insalata Antipasta – Spinach, Chopped Artichokes, Sweet Peppers, Olives, Salami & Feta Cheese  
Beet – Mixed Greens, Beets, Tomatoes, Cilantro & Goat Cheese  
Mixed Green – Mixed Greens, Pears, Cashews & Gorgonzola Cheese  
Spinach – Spinach, Strawberries, Pecans & Feta Cheese  
*Balsamic Vinaigrette, Blush Wine Vinaigrette, or Blue Cheese Dressing*  
Add Sliced Roasted Chicken, Salami or Salmon to any salad \$3.

## Sandwiches ~ \$9

Sandwiches served with a Bean Salad

*Gluten Free bread available for substitution.*

Turkey Cuban – Ham, Turkey, Mayo, Mustard, Swiss, cranberry sauce, dill pickle grilled on Hawaiian Bread.  
Roast Beef – Roast Beef, Cheddar, Horseradish, Mayo, Lettuce & Tomato on Multigrain Bread.  
Egg Salad – Eggs, Mayo & Mustard on Multigrain Bread.  
Mediterranean Veggie – Roasted Red Peppers, Spinach, Cucumber, Tomato & Tzatziki Sauce on Sourdough.  
Grilled Cheese – Fresh Blueberries, Raspberry Jam & Havarti on Sourdough Bread.

## Combos

Cup of Soup & 1/2 Sandwich	\$8
Cup of Soup & 1/2 Salad	\$8
1/2 Sandwich & 1/2 Salad	\$8
Bowl of Soup & 1/2 Sandwich	\$10
Bowl of Soup & 1/2 Salad	\$9
Full Sandwich & Cup of Soup	\$11
Full Sandwich & 1/2 Salad	\$11
Full Salad & 1/2 Sandwich	\$11
Full Salad & cup of Soup	\$11
1/2 Sandwich, 1/2 Salad & Cup of Soup	\$12

## Soups

Cup of Soup (6 oz)	\$4
Bowl of Soup (16 oz)	\$7

Daily soup selection is on the back of the menu.

## Non-Alcoholic Beverages – \$2

Soda: Pepsi, Diet Pepsi, Sprite, Root Beer.

Coffee: Decaf or Regular

Tea: Iced, Sweetened or Hot

Other: Lemonade, Sparkling Water

Gluten Free = GF; Vegetarian = V; Vegan = VG

5% Cash Discount ~ 15% Military Discount

Internet Password: 3609439463

~ July 2018 ~

Tue	Wed	Thu	Fri
<b>3</b> Tomato Basil – V/GF Or Beef Noodle	<b>4</b> CLOSED	<b>5</b> Jalapeno Corn Chowder – GF/V Or Italian Wedding	<b>6</b> Mushroom Soup – GF/VG Or Chicken Soup - GF
<b>10</b> Moroccan Carrot – GF/VG Or Wicked Thai Chicken - GF	<b>11</b> Dill Pickle – GF/V Or Chicken Fajita - GF	<b>12</b> Hungarian Mushroom – GF/V Or Jalapeno Bacon Chowder – GF	<b>13</b> Garlic White Bean – GF/VG Or Coconut Lime Chicken - GF
<b>17</b> Sweet Potato Curry Lentil – GF/VG Or Tex Mex Chicken Chili- GF	<b>18</b> Cheddar Broccoli – GF/V Or Chicken Lime Avocado - GF	<b>19</b> Moroccan Stew – GF/VG Or Clam Chowder - GF	<b>20</b> African Peanut – GF/VG Or Potato Sausage
<b>24</b> Carrot Ginger – GF/V Or Chicken Mulligatawny - GF	<b>25</b> Potato Leek – GF/V Or Green Chickpea & Chicken Curry - GF	<b>26</b> Sweet Potato – GF/VG Or Buffalo Chicken - GF	<b>27</b> Red Lentil Coconut – GF/VG Or Black & White Bean & Sausage

F – Gluten Free; V – Vegetarian; VG - Vegan

5% Cash Discount ~ %15 Military Discount ~ Red Wine Club Member Discounts  
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