

Uncork & Unwind Lunch Menu

Lunch Served from 11 a.m. to 1:30 p.m.

Small Plate ~ \$8

Artichoke Dip – (GF) Artichoke Parmesan Dip w/Sweet Potato Chips
Hummus Dip – (GF) Hummus & Fresh Veggies

Salads ~ \$8

Insalata Antipasta – Spinach, Chopped Artichokes, Sweet Peppers, Olives, Salami & Feta Cheese
Beet – Mixed Greens, Beets, Tomatoes, Cilantro & Goat Cheese
Mixed Green – Mixed Greens, Pears, Cashews & Gorgonzola Cheese
Spinach – Spinach, Strawberries, Pecans & Feta Cheese
Balsamic Vinaigrette, Blush Wine Vinaigrette, or Blue Cheese Dressing
Add Sliced Roasted Chicken, Salami or Salmon to any salad \$3.

Sandwiches ~ \$9

Sandwiches served with a Bean Salad

Gluten Free bread available for substitution.

Turkey Cuban – Ham, Turkey, Mayo, Mustard, Swiss, cranberry sauce, dill pickle grilled on Hawaiian Bread.
Roast Beef – Roast Beef, Cheddar, Horseradish, Mayo, Lettuce & Tomato on Multigrain Bread.
Chicken Salad – Chicken Breast, Mayo, Dill Relish & Celery on Multigrain Bread.
Mediterranean Veggie – Red Peppers, Spinach, Cucumber, Tomato & Tzatziki Sauce on Multigrain Bread.
Grilled Cheese – Bacon, Apple, Brie & Fig Preserve on Sourdough Bread.

Combos

Cup of Soup & 1/2 Sandwich	\$8
Cup of Soup & 1/2 Salad	\$8
1/2 Sandwich & 1/2 Salad	\$8
Bowl of Soup & 1/2 Sandwich	\$10
Bowl of Soup & 1/2 Salad	\$9
Full Sandwich & Cup of Soup	\$11
Full Sandwich & 1/2 Salad	\$11
Full Salad & 1/2 Sandwich	\$11
Full Salad & cup of Soup	\$11
1/2 Sandwich, 1/2 Salad & Cup of Soup	\$12

Soups

Cup of Soup (6 oz)	\$4
Bowl of Soup (16 oz)	\$7

Daily soup selection is on the back of the menu.

Non-Alcoholic Beverages – \$2

Soda: Pepsi, Diet Pepsi, Sprite, Root Beer.

Coffee: Decaf or Regular

Tea: Iced, Sweetened or Hot

Other: Sparkling Water

Gluten Free = GF; Vegetarian = V; Vegan = VG

5% Cash Discount ~ 15% Military Discount

Internet Password: 3609439463

April 2018

Mon	Tue	Wed	Thu	Fri
2 Closed	3 Moroccan Stew – GF/V Or Buffalo Chicken - GF	4 Jalapeno Corn Chowder – GF/V Or Chicken Soup - GF	5 Red Lentil Coconut – GF/V Or Coconut Lime Chicken - GF	6 African Peanut – GF/V Or Dublin Coddle
9 Closed	10 Coconut Curry Lentil– GF/VG Or Black & White Bean Sausage - GF	11 Sweet Potato– GF/VG Or Jalapeno Bacon Chowder- GF	12 Cheddar Broccoli – GF/VG Or Tex Mex Chicken Chili	13 Sweet Potato Curry Lentil– GF/VG Or Clam Chowder- GF
16 Closed	17 Tomato Basil– V/GF Or Italian Wedding	18 Moroccan Carrot– GF/VG Or Loaded Bake Potato- GF	19 Mushroom Soup– GF/VG Or Chicken Fajita - GF	20 Garlic White Bean – GF/VG Or Potato Sausage
23 Closed	24 Black Bean – GF/V Or Split Pea & Ham	25 Potato – GF/V Or Chicken Lime Avocado - GF	26 Dill Pickle – GF/V Or Wicked Chicken Thai - GF	27 Hungarian Mushroom – GF/V Or Chicken Posole - GF

GF – Gluten Free; V – Vegetarian; VG - Vegan

5% Cash Discount ~ %15 Military Discount ~ Red Wine Club Member Discounts
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